

## Caring Steps November 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>B-*Banana Muffin w/ Peaches L-Chicken Strips/Seasoned Green Beans/Pears w/ Blueberries S-Graham Crackers/Pineapple S2- Ritz crackers/Applesauce</p>	<p>3</p> <p>B-*Bagel with Cream Cheese/Orange Wedges L-Rotini Alfredo/Seasoned Broccoli/Peaches S-Wowbutter/Crackers S2- Trail Mix</p>	<p>4</p> <p>B-Waffles/Blueberries L-Sweet and Sour Meatballs/Seasoned Carrots/Pineapple S-Granola/Pears S2- Graham crackers/Veggie pouch</p>	<p>5</p> <p>B- Cheerios/ Banana L-*Pancakes/Egg Omelet/Tater Tots w/ Mixed Fruit S1-Hummus/*Pita Bread Triangles S2- Cheerios/Applesauce</p>	<p>6</p> <p>B-*Oatmeal/Mixed Fruit L-*Homemade Cheese Pizza/ Seasoned Corn/ Fresh Apple Slices S1: Nutragrain Bar/Watermelon Cubes S2- Nilla Wafers/Raisins</p>
<p>9</p> <p>B-*Apple Cinnamon Muffin w/Peaches L-Rotini w/ Meat Sauce/Seasoned Broccoli/Applesauce S1-*Cheez-it Crackers/Pineapple S2- Nilla Wafers/Raisins</p>	<p>10</p> <p>B- *Bagel with Cream Cheese/Applesauce L-Cheese Quesadilla/ Seasoned Corn/ Orange Wedges S1- Hummus w/ *Pita Bread Triangles S2- Graham Crackers/Applesauce</p>	<p>11</p> <p>B- *Pancakes/Blueberries L-Sloppy Joe on a *Bun/Seasoned Carrots / Pineapple S1- *Animal Crackers/Raisins S2- Ritz crackers/Veggie pouch</p>	<p>12</p> <p>B-Rice Chex/Banana L-*Waffles / Egg Omelet / Tater Tots/Mixed Fruit S1- *Tortilla Chips /w/ Salsa *S1-Toddlers: *Crackers/Salsa S2- Goldfish/Raisins</p>	<p>13</p> <p>B- *French Toast w/ Mixed Fruit L-*Homemade Cheese Pizza / Seasoned Cauliflower / Fresh Apple Slices S1- *Graham Crackers/Watermelon Cubes S2- Cheerios/Applesauce</p>
<p>16</p> <p>B- *Banana Muffin w/ Peaches L-*Grilled Cheese Sandwich/Seasoned Carrots/Mixed Fruit S1- *Cheez-it Crackers/ Cranberries S2- Ritz crackers/Raisins</p>	<p>17</p> <p>B-* Bagel with Cream Cheese/ Orange Wedges L-*Rotini Alfredo / Seasoned Broccoli/ Pineapple S1- Wow butter/*Crackers S2- Goldfish/Veggie pouch</p>	<p>18</p> <p>B- *Pancakes / Blueberries L- Homemade Mac and Cheese/Seasoned Cauliflower/Peaches S1- Granola/ Strawberries S2- Nilla Wafers/Applesauce</p>	<p>19</p> <p>B- Cheerios Cereal/Banana L-*French Toast/Egg Omelet / Tater Tots/Mixed Fruit S1- Cheese/*Crackers S2- Cheerios/Raisins</p>	<p>20</p> <p>B- Yogurt with Pineapple L-*Homemade Cheese Pizza/Seasoned Corn/Fresh Apple Slices S1- *Animal Crackers/ Watermelon Cubes S2- Graham crackers/Applesauce</p>
<p>23</p> <p>B- *Apple Cinnamon Muffin w/ Peaches L- *Chicken Strips/Seasoned Green Beans/Fresh Orange Wedges S1-*Graham Crackers/Applesauce S2- Trail Mix</p>	<p>24</p> <p>B-*Bagel with Cream Cheese/Peaches L- Cheese Lasagna Roll Up/ Seasoned Peas/ Orange Wedges S1-Tortilla Chips w/ Salsa *S1-Toddlers: Crackers/Salsa S2- Cheerios/Veggie pouch</p>	<p>25</p> <p>B- Cheerios/ Blueberries L- *Rotini w/ Meat Sauce/Seasoned Broccoli/Pears S1-Granola/Strawberries S2- Ritz Crackers/ Raisins</p>	<p>26</p> <p style="text-align: center;">Happy Thanksgiving!</p>	<p>27</p> <p style="text-align: center;">No School</p>
<p>30</p> <p>B-*Blueberry Muffin with Pineapple L-Turkey Taco w/ lettuce &amp; cheese on *Tortilla/Seasoned Green Beans/Pineapple S1-Cheese / *Crackers S2- Trail Mix</p>				